Mental Health and Learning Disability Statistics: Monthly Report

December 2015 (PROVISIONAL DATA)
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www.hscic.gov.uk
enquiries@hscic.gov.uk
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This report will be of interest to mental health professionals, providers and commissioners of mental health services, representative organisations and other interested parties

Author: Community and Mental Health Team, Health and Social Care Information Centre

Responsible Statistician: Tony Childs, Programme Manager

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Executive Summary

This statistical release makes available provisional December statistics, the most recent Mental Health and Learning Disabilities Statistics (MHLDS) monthly report produced from primary submissions for December 2015. There will be no final data for December 2015 because of a major change to the data source for these statistics (MHLDDS - Mental Health and Learning Disabilities Data Set) and this is the last release of Monthly MHLDS Reports.

The first release from the new dataset (MHSSDS – Mental Health Services Dataset) will be experimental statistics from provisional January 2016 data, published on 31 March 2016. The name of the publication is being changed to Mental Health Services Monthly Statistics (MHSMS) from this date to reflect this change in data source. Further details about these changes, including an increase in scope to include mental health services for children and young people and further information about users of Learning Disability services, can be found in the Methodological Change paper published in January 2016.

It is not been possible to produce all elements of the release because some measures are produced from a Year to Date view of the MHLDDS that is not compiled from provisional data. Users should also be aware that providers who submit data about the services they deliver have not had the opportunity to refresh their monthly submissions for December. The refresh submission is used to improve the coverage and accuracy of information for the month and to send information that may not be available at the time of the primary submission, for example details of diagnosis and discharge may not be recorded at the time they occur and a delay may occur before these can be submitted. In some cases providers also fail to meet the deadline for a primary submission and only make a refresh submission. These issues should be borne in mind when comparing figures for December with previous months, where the information was produced from final data. Lower figures may be due to data quality rather than changes in the underlying services.

From September 2014 the release included information on people in contact with learning disability services for the first time. Four measures were added to aid the interpretation of this information. A reporting level for Local Authorities (LA) was also added at this time.

This release of PROVISIONAL data for December 2015 comprises:

- This Executive Summary, which presents national-level analysis, along with time series information for a subset of these;
- A monthly data file which presents 38 measures by Provider, CCG, LA and Provider/Clinical Commissioning Group (CCG) pairings;
- A set of provider level data quality measures;
- A background data quality report to help users assess the quality of specific information and view what impact it may have on our measures;
- A detailed metadata file, which provide contextual information for each measure, including a full description, current uses and the method used for analysis;

All elements of this publication and further information about the MHLDS monthly Reports are published on the Health & Social Care Information Centre (HSCIC) website here:

http://www.hscic.gov.uk/mhldsmonthly

This information will be of particular interest to organisations involved in delivering secondary mental health and learning disability services, as it presents timely information to support discussions between providers and commissioners of services. For patients, researchers, agencies and the wider public it aims to provide up to date information about the numbers of people using services, spending time in psychiatric hospitals and subject to the Mental Health Act (MHA). Some of these measures are currently experimental analysis.
Key facts from this publication:

This release of PROVISIONAL data shows that at the end of December 2015:

- 870,306 people were in contact with mental health or learning disabilities services. Of these, 834,273 people were in contact with mental health services and 47,851 people were in contact with learning disabilities services. These two figures combined are higher than the total, as a person may be in contact with both services.
- 20,549 people were inpatients in hospital (2.4%). 1,188 people were in hospital on wards for people with learning disabilities. The remaining 19,361 people were in hospital on wards for people with mental health needs.
- 14,150 people were subject to the Mental Health Act 1983 and of these 10,462 were detained in hospital (73.9%) and 3,619 were subject to a CTO (25.6%).
- 58.4% of people aged 18-69, who were being treated under the Care Programme Approach, were recorded as being in settled accommodation, while 6.8% were recorded as being employed.

PROVISIONAL data shows that during December 2015:

- 56,765 new spells of care began.
- There were 8,073 new admissions to hospital.
- Of those who were discharged from hospital during the month, 69.9% received a follow up within 7 days from the same provider. This is an important suicide prevention measure.
- There were 20,566 bed days lost through delayed transfers of care. This equates to 3.3% of all bed days.
- There were 13.4 discharges per 1,000 bed days.
The PROVISIONAL statistics for December 2015 shown below are not comparable with the statistics for previous months which have been produced from final data.

Table 1: Summary statistics from the MHLDS monthly reports

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<tbody>
<tr>
<td>People in contact with services*</td>
<td>966,289</td>
<td>962,046</td>
<td>959,385</td>
<td>970,636</td>
<td>964,892</td>
<td>870,306</td>
<td>-94,586</td>
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<tr>
<td>People in contact with MH services*</td>
<td>922,001</td>
<td>917,638</td>
<td>911,919</td>
<td>929,394</td>
<td>923,747</td>
<td>834,273</td>
<td>-89,474</td>
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<tr>
<td>People in contact with LD services*</td>
<td>56,981</td>
<td>57,149</td>
<td>55,615</td>
<td>55,219</td>
<td>53,920</td>
<td>47,851</td>
<td>-6,069</td>
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<tr>
<td>People with an open hospital spell</td>
<td>24,123</td>
<td>24,444</td>
<td>23,777</td>
<td>24,777</td>
<td>24,078</td>
<td>20,549</td>
<td>-3,529</td>
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<tr>
<td>People in a mental health ward</td>
<td>22,608</td>
<td>22,910</td>
<td>22,303</td>
<td>23,359</td>
<td>22,675</td>
<td>19,361</td>
<td>-3,314</td>
</tr>
<tr>
<td>People in a learning disabilities ward</td>
<td>1,515</td>
<td>1,534</td>
<td>1,474</td>
<td>1,418</td>
<td>1,403</td>
<td>1,188</td>
<td>-215</td>
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<tr>
<td>People subject to the Mental Health Act6</td>
<td>17,058</td>
<td>17,111</td>
<td>16,486</td>
<td>17,068</td>
<td>16,918</td>
<td>14,150</td>
<td>-2,768</td>
</tr>
<tr>
<td>People subject to detention in hospital</td>
<td>12,934</td>
<td>12,999</td>
<td>12,363</td>
<td>12,748</td>
<td>12,619</td>
<td>10,462</td>
<td>-2157</td>
</tr>
<tr>
<td>People subject to CTO</td>
<td>4,013</td>
<td>3,979</td>
<td>4,000</td>
<td>4,201</td>
<td>4,194</td>
<td>3,619</td>
<td>-575</td>
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In month activity

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<tbody>
<tr>
<td>New spells starting</td>
<td>73,374</td>
<td>63,677</td>
<td>67,132</td>
<td>73,619</td>
<td>71,820</td>
<td>56,765</td>
<td>-15,055</td>
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<tr>
<td>Admissions to hospital</td>
<td>10,308</td>
<td>9,540</td>
<td>9,649</td>
<td>10,187</td>
<td>9,375</td>
<td>8,073</td>
<td>-1,302</td>
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</table>

Calculated measures

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<tr>
<td>Proportion of discharges from hospital followed up within 7 days</td>
<td>73.5%</td>
<td>73.2%</td>
<td>71.5%</td>
<td>72.3%</td>
<td>72.5%</td>
<td>69.9%</td>
<td>-2.6</td>
</tr>
<tr>
<td>Proportion of people aged 18-69 on CPA in settled accommodation</td>
<td>59.1%</td>
<td>58.8%</td>
<td>58.8%</td>
<td>56.3%</td>
<td>56.6%</td>
<td>58.4%</td>
<td>1.8</td>
</tr>
<tr>
<td>Proportion of people aged 18-69 on CPA in employment</td>
<td>6.7%</td>
<td>6.7%</td>
<td>6.6%</td>
<td>6.3%</td>
<td>6.5%</td>
<td>6.8%</td>
<td>0.4</td>
</tr>
<tr>
<td>Proportion of bed days lost to delayed discharges</td>
<td>3.1</td>
<td>3.1</td>
<td>3.1</td>
<td>3.0</td>
<td>3.0</td>
<td>3.3</td>
<td>0.3</td>
</tr>
<tr>
<td>Discharges per 1,000 bed days</td>
<td>14.0</td>
<td>12.5</td>
<td>14.4</td>
<td>12.8</td>
<td>13.0</td>
<td>13.4</td>
<td>0.4</td>
</tr>
</tbody>
</table>

Datasource: MHLDS monthly data file December 2015 PROVISIONAL

Please see the Data Quality Report for a list of issues that may have had an impact on the accuracy of our measures.
Further information about this publication

The MHLDS monthly report contains a monthly MHLDS data file in csv format. To prevent the release of disclosing information, any number less than five (including zero) is replaced by a '*' symbol. All other numbers are rounded to the nearest five, apart from the England totals which are unrounded. Calculated values in the data files are based on unrounded numbers but rounded to one decimal place to prevent backward calculation. This approach prevents identification of a person through cross referencing different publications. Instances where data is not applicable are shown with a dash '-'.

As a result of the new suppression rules we have added a reporting level field to these reports. This allows users of the files to filter data based on the comparisons they wish to make (National, Provider, CCG, LA, Provider-CCG or Provider-LA).

MHLDS monthly data file

The MHLDS monthly data file contains 38 measures produced from analysis of providers' monthly MHLDDS submissions. These measures include some information that was included in the Routine Quarterly MHMDS Reports until Q4 2012/13, as well as new measures that show caseload and activity in NHS funded adult mental health and learning disability services.

The measures are presented at National, Provider, CCG, LA, Provider-CCG and Provider-LA levels to show where people who fall within each group are receiving services and the volume of activity for each reporting level. LA level data is presented for councils with social services responsibility. The unit of measurement for the majority of measures is a person's open spell of care in adult mental health or learning disability services 'as at' the end of the month. These measures are effectively a count of open caseload, categorised by the type of service being received at the end of the month. The file also includes a set of 'in month' activity counts, showing the volume of services provided within the month. Taken as a whole these measures provide the building blocks of information to help stakeholders understand what services are being delivered and to whom.

Some of the measures can be combined to calculated percentages which could be used for making comparisons at various levels, however these measures are not presented as official indicators; these are released through separate publications (e.g. the CCG Outcomes Indicator Set).

All the measures can be produced from analysis of the monthly extracts supplied to providers and commissioners with access to the Bureau Service on the Open Exeter system. All except 10 of the measures can be produced from a single month's submissions.

Data Quality Report

The data quality report contains a number of data validations, based on key data items in the MHLDDS, along with data consistency and integrity measures. These are produced on a monthly basis for provisional and final data. The data quality measures are provided as counts and percentages of all eligible records at individual provider and at national level.

Any known issues that may affect the data are highlighted in the report, and should be taken into consideration when viewing the reported figures.

Further Information on the MHLDDS

The MHLDDS is a regular mandatory return of data generated in the course of delivering services to people by providers of adult secondary mental health and learning disability services in England. For information on people referred to talking therapies please see our Improving Access to Psychological Therapies (IAPT) publications: http://www.hscic.gov.uk/iapt

The MHLDDS also includes data from Independent Sector Organisations and is processed using MHLDDS version 1.1. For full details of the methods used in processing see the MHLDDS Version 1.1 User Guidance and Appendices http://www.hscic.gov.uk/mhl DDS

The Information Standards Notice for MHLDDS v1.1 can be found here: http://www.isb.nhs.uk/library/standard/76

Information on obtaining MHLDDS data extracts can be found here: http://www.hscic.gov.uk/dars
"Provisional" and "Final" statistics

Published data which are labeled as "provisional" are the primary, (i.e. the first submission made as part of a collection). Providers are able to make an optional 'refresh' submission at the time of the next month's primary submission. Data which have been published under the label "final" are a combination of both the primary and refresh submissions. Where a refresh submission is made, the primary submission is not used. If a refresh submission is not made then the primary submission is used. This ensures the most complete and latest picture for a data set is made available.
End Notes

1. A paper documenting these methodological changes can be found here: http://www.hscic.gov.uk/pubs/methchanges

2. Further information about the changes from the MHMDS v4.1 to MHLDDS v1.1 can be found here http://www.hscic.gov.uk/catalogue/PUB15937/mhmds-monthly-ann-change-oct-2014.pdf

3. National figures are the sum of individual provider figures. Where the measure is a count of people "as at the end of the month" there may be some duplication if patients have an open spell of care with more than one provider.

4. These measures are a snapshot count of people in different categories "as at the end of the month". As most service users’ spells of care in secondary mental health services last much more than a month a monthly snapshot count of caseload covers the majority of people who were in contact during the month. Further information about the method used for this analysis can be found in the metadata file.

5. People with an open hospital spell may be on leave and not physically in hospital at the end of the month.

6. The number of people subject to a Community Treatment Order (CTO) includes people on recall and currently in hospital. The total number subject to the Mental Health Act is greater than the sum of those detained in hospital and subject to a CTO because it also includes people liable to detention under short term sections of the Act (4; 5 (2); 135; 136; and people subject to Guardianship who are not also on a CTO). These figures provide parallel analysis from MHMDS of the ‘end of the year’ counts included in the National Statistics publication about uses of the Mental Health Act: Inpatients formally detained in hospital under the Mental Health Act (1983) and patients subject to CTO’s. These measures are considered to be experimental in nature at present.

7. These measures have been produced using a different method to the one in previous quarterly reports. Further details can be found in the Methodological Change Paper, through the link in end note 2.

8. This is an experimental measure. Further details can be found in the Metadata file which is accessed on the MHLDS Monthly page of the HSCIC website http://www.hscic.gov.uk/mhldsmonthly.

9. Throughput is a measure of discharges per 1,000 bed days. This measure is useful because length of stay measures based on discharges often miss people with the longest lengths of stay. The 2013/14 mental health bulletin had a special feature on length of stay and provides more information on this topic: http://www.hscic.gov.uk/pubs/mhb1314