The National Diabetes Inpatient Audit – Harms (NaDIA-Harms) is a new continuous collection of serious inpatient harms that only affect people with diabetes. Data collection began on 1 May 2018. All acute hospitals in England should take part in the audit to help reduce the rates of serious inpatient harms and inform their quality improvement work.

Serious inpatient harms affecting people with diabetes

NaDIA-Harms monitors four uncommon complications which might happen to people with diabetes during an inpatient stay:

- **Hypoglycaemic rescue**: severe hypoglycaemic episodes (very low blood glucose level) that require injectable rescue treatment.
- **Diabetic Ketoacidosis (DKA)**: consistently high blood glucose levels leading to a build-up of acidic ketone. DKA mainly occurs in people with Type 1 diabetes.
- **Hyperosmolar hyperglycaemic state (HHS)**: consistently high blood glucose levels caused by a combination of dehydration and illness e.g. infection. HHS mainly occurs in people with Type 2 diabetes.
- **Diabetic foot ulcer**: new foot ulcers that develop during the hospital stay. Foot lesions are a high risk for people with Type 2 diabetes because they may have blood flow and nerve problems associated with their diabetes.

The audit recommends...

NHS trusts should contribute comprehensively to the NaDIA-Harms audit

The real number of inpatient harms is likely to be considerably higher, given that at this early stage not all NHS trusts in England have registered and many have only recently begun to submit.

Counts of harms are rounded to the nearest 5.

Trust participation

Since collection started on 1 May 2018:

- **99** NHS trusts have registered
- **77** NHS trusts have submitted

For comparison, 134 NHS trusts in England submitted to the 2017 NaDIA snapshot audit.

Type of inpatient harm

- **525** harms have been submitted
- The majority of submitted harms were hypoglycaemic rescue
- **125** Hypo rescue
- **15** DKA
- **80** DFU
- **HHS**

The annual and local level reports can be found at: [http://digital.nhs.uk/pubs/nadia-harms2018](http://digital.nhs.uk/pubs/nadia-harms2018)